Virtual Day at the Capitol

TRU Checklist

Get involved with TRU’s virtual advocacy event on May 5th! For each item you complete below, please mark a check or an ‘X’ next to the item. Any item marked with * is optional. Complete all required activities in this list for the chance to win a gift card!

Please e-mail your finished checklist on May 5th to the TRU Coordinator at Molly.Pisciottano@Lung.org.

1. Watch the Advocacy 101 Webinar on TRUinPA.org. _____

2. Follow TRU on social media @TRUinPA to like and share motivational speaker, Patrick Perez’s promotional videos and trivia challenges! * _____

3. Complete #TheFaceYouFund activity on TRUinPA.org:
   a. Create your own picture frame or download the template featuring #TheFaceYouFund and take a selfie to share with TRU or post on social media. _____
   b. Write a personal message to your legislator about why tobacco prevention is important to you by downloading the postcard template. _____

4. Register for the Virtual Town Hall at 12 PM on May 5th. If you are unable to join at this time, a recording will be shared with everyone! Register HERE. _____

5. BONUS POINT: Become a leader in Taking Down Tobacco by taking the free, online training at www.takingdowntobacco.org. _____

JUST FOR FUN! Missing out on visiting Harrisburg this year? Take a virtual tour of the Pennsylvania State Capitol building with your family! Check it out HERE.