



Letter to the Editor

To the editor,

I'm a young Pennsylvanian and I am part of a movement - a movement that will preserve the health and save the lives of thousands of Pennsylvanians. We call ourselves the Tobacco Resistance Unit (TRU) and we want to expose the truth about the dangers of tobacco-use and prevent youth just like me from ever starting to use tobacco.

You see, over 130,000 Pennsylvania high school students are smokers and we need to help them to quit. Additionally, e-cigarette use among high school students has grown by 78% within the last year and 48% among middle school students. More importantly, we are committed to prevent youth ages 12-18 from ever starting to use tobacco or nicotine products. The moment you take a drag of a cigarette your airways tighten and get irritated, causing you to cough, hack, and produce more phlegm. And the amount of nicotine found in e-cigarettes can be harmful to the development of the teen brain. These are things that not all young Pennsylvanians know. We want to teach them. In addition to regular cigarettes and e-cigarettes, another big threat to our youth is smokeless tobacco and cigars. Products like chewing tobacco and snus can cause cancer of the mouth and are NOT a safe alternative to smoking. Join us to spread the TRUth. Visit [WEB-SITE] to learn more and get involved.

Sincerely,

Name

Contact information

